

# MVRHS Weekly Newsletter 11/13/18



**ART IN THE NEWSLETTER IS  
FROM CURRENT MVRHS  
STUDENTS IN OUR AMAZING ART  
DEPARTMENT AND SEABREEZES  
MAGAZINE**



**Click [HERE](#) to view this week's RJO  
Newscast!!**

## **Announcements:**

### **League of Legends Tournament 11/13/18**

If you're interested in watching a League of Legends tournament please come to room 406, after school on Tuesday the 13th.

League of Legends is a Multiplayer Online Battle Arena (MOBA) game based on two teams, each with 5 players trying to see what's the best strategy to win against the opponent.

### **Play for the Cure -Capture the Flag Tournament**

The 2nd Annual Play for Cure Capture the Flag Tournament is on!!! Get your team and get ready!! It will take place Friday, November 16th under the lights starting at 5:00 pm. There is a 10 team limit so pick up your registration information in the Student Support/RJO office with Rebecca now!! If you have any questions talk to Colin Henke.

### **Etty Hillesum One-Woman Play**

On Tuesday, November 13 from 8:20 (second half of E period) thru FLEX students are invited to the PAC for a performance of *Etty*, a one-woman play based on the journals and letters of Etty Hillesum, a 29-year-old Dutch Jewish woman killed in the Holocaust in 1943.

### **Volunteers Needed for Felix Neck's Annual Fall Festival**

Fall Festival planning is happening now! The day, as always, is the day after Thanksgiving, November 23 (rain date is November 24). Join us as we celebrate our 38th Annual Fall Festival! If you are interested in volunteering call 508-627-4850 or email [felixneck@massaudubon.org](mailto:felixneck@massaudubon.org).

### **Baseball Meeting for all 2019 Players**

Tuesday November 20th @ 2:15pm in Room 322.



**MV Pongers Club**

MV PONGERS CLUB meets at 2:30pm Tuesdays in the cafeteria. Senior MV Pongers meet at 5:50pm on Tuesdays in the cafeteria.

**IGS & MVRHS Culinary Fundraising Dinner**

Still have tickets left! Join us for a delicious, multi-course, locally sourced meal in the Culinary Arts Dining room this coming **Thursday, November 15th at 6:00pm** in support of Island Grown Schools and Culinary Arts programs at the high school!

Tickets are \$35 and can be purchased here:  
<https://goo.gl/forms/Z5CTwIwCJJWzrTa32>

**Show your school pride by participating in our spirit week leading up to the Nantucket game!**

<b><u>Tuesday - 11/13</u></b>	<b><u>Wednesday - 11/14</u></b>	<b><u>Thursday - 11/15</u></b>	<b><u>Friday - 11/16</u></b>	<b><u>Saturday - 11/17</u></b>
<p><b><u>Color by Grade:</u></b> Wear as much of your color as you can!</p> <p>Freshman: <b>Red</b>, Sophomores: <b>Blue</b>, Juniors: <b>White</b>, Seniors: <b>Black</b>, Faculty: <b>Purple</b></p>	<p><b><u>Boston Pride: Wear you favorite Boston sports jerseys</u></b></p> <p>Girls Football Game/Powderpuff will be on the Football field @6:00</p>	<p><b><u>Decade Day:</u></b> Pick your favorite decade and dress up like someone from that time!</p> <p>Football bonfire will happen @6:00</p>	<p><b><u>Purple Pride!</u></b></p> <p>Play for the Cure Capture the Flag Tournament @5:00 on the Football field</p>	<p><b><u>Nantucket Game.</u></b> Tickets are on sale at the front office with Julie Meader.</p> <p>Boat will leave at 7:30am out of VH Boat will leave for VH when the football and cheerleading team are on the boat.</p>



**MVRHS 2018 Peer Outreach Retreat took place on 10/24 & 10/25**

We have new Peer Leaders Trained at MVRHS!  
 The primary goal of Peer Outreach is to tap into the informal helping network that already exists among students.



Students nominated peers they trust and those they will speak to about issues they might be having. The peer nomination process allows the program to have a broad list of students from different social circles. Nominated students (10 from each grade) took part in a two-day experiential learning retreat where they learned how to be better helpers to their friends. Day one focused on identifying pertinent issues they typically see with friends; learning active listening and communication skills; and what their limits are - particularly when to go to an adult for help. Day two focused on putting these skills into practice and learning healthy self care options. The retreat was co-facilitated by senior members of the program and staff members.

### **MVRHS SPORTS UPDATE!**

**Friday, November 9th**

Football lost 21-14 to Bristol Plymouth

### **CONGRATS CROSS-COUNTRY!!!**

The **Martha's Vineyard Regional High School girls cross-country team** ran to the school's first-ever Division 5 Eastern Massachusetts cross country championship! The Vineyarders stunning performance, including five runners finishing in the top 25, also punched their ticket to the **state championships next weekend** along with the **MVRHS boys team**, which qualified for the state meet as the top wild card after a strong performance gave them a fifth-place finish. The top four teams in Divisions 1-6 qualify for the state finals with two wild-card picks. Read more [here](#).

**NANTUCKET FOOTBALL GAME, Saturday November 17th** on Nantucket!

Remember to register for winter sports! <http://www.mvrhs.org/vineyarders/>

**Flex Information for the Week of 11/5/18**

<b><u>Tuesday - EHFG</u></b>	<b><u>Wednesday - ABCD</u></b>	<b><u>Thursday - EFGH</u></b>	<b><u>Friday - DCBA</u></b>
<b>Yearbook Club</b> <i>Sign up with Mrs. Todd</i>	<b>Guidance help with College Applications</b> <i>Sign up under Wellness/RJO/Guidance</i>	<b>Guidance help with College Applications</b> <i>Sign up under Wellness/RJO/Guidance</i>	<b>Guidance help with College Applications</b> <i>Sign up under Wellness/RJO/Guidance</i>
<b>Tribal Youth Group</b> in the Cafe <i>Sign up under Admin</i>	<b>Film and Video Club:</b> Room 406 <i>Sign up under Artsandmusic (video club)</i>	<b>Buisness Club/DECA</b> <i>Sign up with Mr. Jakusik</i>	<b>Flex in the Garden with Suzie Scordino</b> <i>Sign up under Other</i>
<b>Guidance help with College Applications</b> <i>Sign up under Wellness/RJO/Guidance</i>	<b>Tribal Language</b> in the PCR <i>Sign up under Admin</i>	<b>Suzie Scordino in the Garden with</b> <i>Sign up under Other</i>	<b>Chess Club</b> with Mr. McCarthy in 419 <i>Sign up under English</i>
<b>Strive</b> Business for Women	<b>Peer Sex Education Leaders with Family Planning</b> - <i>Sign up under PEandhealth</i>	<b>Ski Club Meeting</b> <i>In the RJO under Wellness/RJO/Guidance</i>	<b>EMERGE: DBT group</b> - see Amy Lilavois to sign up.
	<b>GIRLS ONLY PE</b> in the Gym <i>Sign up under PEandhealth</i>		
	<b>Protect Your Environment Club</b> <i>Sign up for Mr. Hall- Science</i>		
	<b>Boys Basketball Meeting</b> <i>Sign up under Science</i>		