



WELCOME BACK!

Great Ted Talk for all of us to watch...students, parents and staff alike:
Are you bored? Watch "How boredom helps you do your best thinking".

https://www.ted.com/talks/manoush_zomorodi_how_boredom_can_lead_to_your_most_brilliant_ideas

9/17

Guest Speaker Mark Sterner Presents an all-school assembly- DUI: A Powerful Lesson
Parent Presentation with Mark Sterner at 6:00 pm in the Library
School Committee Meeting at 5:00-7:00 p in the LCR

9/20

Back to School Night for All Families!
5:30-7:30 pm starting in the PAC (Performance Arts Center)

9/25

Senior Parent/Student College Application Night
6:30-8:30 pm in the PAC

This Week in MVRHS Sports:

Monday, September 17th:

Nauset vs Varsity Field Hockey 4pm, JV to follow (H)
Nantucket vs Golf 2:45 (A)

Wednesday, September 18th:

Monomoy vs Boys Soccer 4pm (A)

Thursday, September 20th:

Cape Cod Tech vs Golf 2:45 (H)
Falmouth vs Boys Soccer 3:30 (A)
Falmouth vs Girls Soccer 3:30 (H)

Friday, September 21st:

Monomoy vs Varsity Field Hockey 3pm, JV to follow (H)
West Bridgewater vs Varsity Football 6:30pm (A)
Wellesley vs Golf 2:45 (H)
Monomoy vs Girls Soccer 4:15 (H)

Saturday, September 22nd:

Cross-country invitational 9am (H)
Dighton-Rehoboth vs Varsity Field Hockey JV @10:30, Varsity @1 (H)
Sturgis West vs Boys Soccer 3:00pm (H)

Sunday, September 23rd:

Tahanto vs Field Hockey 11:30, JV to follow (H)

Flex Information for the Week of 9/17

Monday, September 17: All School Assembly followed by Mentor Monday Small Group Debrief

Tuesday, September 18: Regular Flex Day!

Wednesday, September 19: Activity Fair

Freshmen and Sophomores will participate

Sophomores: Will report to mentor homerooms for attendance, then to the cafe with teachers for 20 minutes, then back to mentor rooms for a debrief.

Freshmen: Report to mentor homerooms. Preview the many clubs and activities available to students during this time. Students will move to the cafe with their teachers by announcement at approximately 9:20.

Thursday, September 20: Regular Flex Day!

Friday, September 21: Regular Flex Day!

***Guidance is now offering 5 slots per day (Tuesday through Friday) for students to sign up for assistance filling out college applications!**
*Sign up under "Wellness, RJO and Guidance- College Applications" and you will see which counselor you will be working with during that time.**

College Visits: *All college visits are listed in Naviance under College Visits.*

This year, all college visits will take place in Guidance in our conference room! We have encouraged colleges to schedule during our Flex time to cut down on class disruptions. Because it is a short season, colleges will also be visiting at 1:15 pm some afternoons. You will receive the weekly list of visits on Mondays during Mentor Monday and at that time you can sign up for the 9am visits for the week. If it is a 1:15 pm visit, you **must** come to Guidance for a pass **at least the day before**.

If you sign up for a visit through Naviance, once again, please sign up at least the day before the visit so guidance can have your pass ready.

9/18

Lynn University @ 1:15

9/19

Brown University @ 1:15

9/20

Salve Regina @ 1:15

9/21

Wheaton College @ 1:15

Introducing Dhakir Warren, Special Assistant to the Principal for Student Affairs!



Dhakir with wife, Sophia, and daughter, Sloane (photo by Peter Simon)

What are you responsible for at MVRHS?

To support the positive self development of students on their path to adulthood, while helping to maintain a healthy school environment which contributes to both individual and collective success.

Where did you grow up?

In my early teen years, I grew up in California. At the age of 15 I relocated to Boston and have been here ever since.

Where did you go to school?

I attended Wheaton College in Norton, MA where I majored in International Relations. I attended Tufts University in Medford, MA for Graduate school.

What was/is your favorite academic subject?

Philosophy.

When did you move to the Island?

I moved here in December 2016.

What brought you to the Vineyard and MVRHS?

My wife was raised in West Tisbury. We moved here so she could work for her family's business.

What's your favorite thing, so far, about the Vineyard?

It's a great place to raise children and to kiteboard!

In your opinion, what's the best beach, restaurant and ice cream on the island?

The best beach is Lamberts Cove. The best restaurant is Alchemy. The best ice cream is the Ben and Jerry's Chocolate Chip Cookie Dough I get from the grocery store.