



Martha's Vineyard Regional High School

100 Edgartown Road P.O. Box 1385 Oak Bluffs, MA 02557

Phone: (508) 693 – 1033 Fax: (508) 693-1891 Website: www.mvrhs.org



Sara Dingley, Principal
Elliott Bennett, Assistant Principal
Barbara-jean Chauvin, Assistant Principal/CTE Director

Mark Friedman, Finance Manager
Mary MacDonald, Guidance Director
Hope MacLeod, Co-Director of Student Support Services

Dear Parents,

This letter is to describe what is covered by the free and reduced meal program in case there is any confusion. Of course, if you or your child have questions, please contact Bernadette Cormie, the Director of Food Services at 508-693-4167. The federally funded free and reduced meal program includes breakfast as well. However, the program has limits for both meals.

Students qualified for free or reduced lunch must have three (3) of the following five items, one of which must be a fruit or vegetable:

Students qualified for free or reduced breakfast must have two (2) of the following:

- Protein (meat, beans, yogurt)
- Fruit
- Vegetable
- Grain
- Milk

Items can be chosen from the a la carte menu, but the meal must meet the criteria above.

If the meal does not meet these criteria, it is not covered under the federal program. **Items not covered by the program are charged to your child's account and that balance continues year to year if not paid. This balance must be paid to receive a diploma.**

There are no second servings covered by the program; however, students can get more than a standard helping from the fruit and salad offerings when they go through the line.

Please discuss this information with your child and call Bernadette Cormie (508-693-4167) with any questions.

Sincerely,

Nell Coogan
Title 1/Restorative Coordinator