



The Island Wide Youth Collaborative Presents...

REAL

Resilient Experiences for the (young) Addult Life
A Group for Surviving the High School Years



Learn, practice and develop daily skills and techniques to help cope with life's challenges.

This **FREE** group will begin **October 20, 2016** and will run in cycles of 8 sessions throughout the academic year.

Each group will meet 2:15 – 3:45pm

Participants who complete a full cycle will receive a \$25 gift card!

To register or for more information, please contact:
The Island Wide Youth Collaborative 508-693-7900 x400,
ichang@mvcommunityservices.com
or Amy Lilavois at MVRHS 508-693-1033 x291,
alilavois@mvyps.org