

WELCOME TO SENIOR HEALTH CLASS

Second Semester Jan 08 ~ May 08

Things you will need to bring to class everyday:

- ☺ An open mind (leave prejudices and laziness in the hall)
 - ☺ A notebook & 3-ring binder (for your class portfolio)
 - ☺ A writing implement (pen or pencil)
 - ☺ Respect for yourself & others
- ☹ Be ON TIME to class!!! Late means you arrive after the bell rings. ☹

Your grade each quarter will be based on the following:

- 25% *Classwork & homework*
- 25% *Test & quiz average*
- 25% *Paper/Oral presentation*
- 15% *Health Class Portfolio*
- 10% *Class Participation*

Classwork & Homework

There will be a variety of assignments during this semester. Your assignments are expected to be turned in on time. Late assignments will not be accepted. If you must leave early for sports or otherwise, put your assignments in my mailbox or hand it to me in the morning.

Class Participation

If you have a brain & can speak then you will do very well in this category. Everyone has an idea, a question, an opinion...and they are all valid. Health class is all about making sense out of some confusing and sometimes ignored information.

I encourage discussions in all topics just as long as respect is never forgotten.

Paper & Oral Presentation

*Ahhh...*the dreaded projects. Where else will you ever have the chance to write *bad* words and have them be acceptable? But seriously, this is a great opportunity to learn something completely new and useful...you may surprise yourself. You will have to do both a paper and an oral presentation but only one per quarter. You will choose a different topic for each. Oral presentation topics cannot be duplicated within your class...so decide on a topic early.

Writing is an incredibly important form of communication. As you look forward to your adult life you will find that many times the written word can be quite powerful. Please take your paper seriously. I am very easy going but I will not tolerate poorly written papers. Take your time, ask for help, use your brain...don't waste your time by being lazy. Prove to yourself what you are capable of.

The oral presentation can take on many different formats. Be creative. Figure out a way to present information to the class so we can all learn something new. Use PowerPoint, video clips, quizzes, class activities, demonstrations...whatever you can think of. Most importantly...know your topic and be prepared.

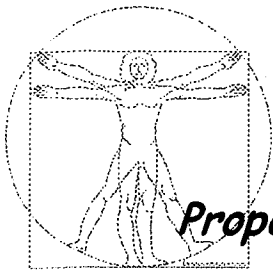
For more details about both projects please visit my website and ask me questions.

Health Class Portfolio

This will be a well organized compilation of your class notes, handouts, homework, etc. *Everything* we do in health class will be included in this portfolio. Not only will this be an important portion of your grade but it could be a valuable reference for you in the future. This is why you will need the 3-ring binder. I will be checking your portfolios bi-weekly.

Tests & Quizzes

This is a fairly self explanatory category. Tests will be announced well in advance...quizzes will not. Be prepared.



Words to Live By

The Six P's

Proper Prior Planning Prevents Poor Performance

Topics we will cover this semester:

How the human body works
Sexual health
Drugs & Decision Making
Mental Health
Epidemiology
Nutrition

And whatever else happens to come up.

Some of life's best medicine is
laughter...
be prepared to get medicated!

Make-up Policy

Tests and homework: If you are absent from class on the day of a test or when an assignment is due, you have two school days per day of absence to make up your test. This may mean you will need to stay after school. This is YOUR responsibility to organize. Please check the website regularly for assignments and updates.

The only exception to this rule is the Research Paper or Oral Presentation. There is NO LEEWAY on the due date for these projects. If you are absent that day, find a way to get it to me.

Email it, send it with a friend, call a cab...

My Contact Info

Please use it if you need it!

Sandy Mincone

sandy_mincone@mvyps.org

508-989-0339 cell

www.mvrhs.org/pe

My website will be an invaluable tool for you during this class.

Please check in often for due dates, assignments, help-

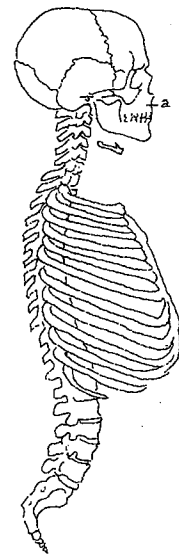
Dates to Remember

First quarter ends: March 28, 2008

Senior exams begin: May 27, 2008

My paper is due: _____

My oral presentation is due: _____



Special Bonus

If you work hard and earn a 90 average for the semester,
you will be exempt from taking the final exam.

Yahoo!!!!